

APPENDIX C

**TRIBAL ELDER LONG-TERM CARE SERVICES
QUESTIONNAIRE**

**NATIONAL INDIAN COUNCIL ON AGING
TRIBAL ELDER LONG-TERM CARE SERVICES QUESTIONNAIRE**

Date _____

Name _____ Phone # _____

Title or Position _____

Tribal Affiliation _____ State _____

1. How many people live on your reservation or in your Tribal community? _____
 - a. How many of these people are Tribal members? _____

2. At what age are your Tribal members considered *elders* and eligible for aging services?
 - a. ___ 50
 - b. ___ 55
 - c. ___ 60
 - d. ___ 65 and over
 - e. ___ other (please specify eligible age _____)

3. Approximately what number **or** percent of your Tribe are elders?
[Answer either in numbers or percent]
 - a. Number _____
 - b. Percent _____%

4. How many of the elders from your Tribe are currently living in nursing homes? _____
 - a. Of the elders living in nursing homes, how many do you think could have remained at home if more health care and/or personal care were available in the Tribal community? _____

(Go to the table on the next page)

6. How often would you say your Tribal elders get all the assistance they need with activities such as housecleaning, cooking, or personal care.
- Most of the time
 - Some of the time
 - Rarely
 - Almost never
 - Don't know
7. Are family members generally available and able to assist elders, if they need it?
- Most of the time
 - Some of the time
 - Rarely
 - Almost never
 - Don't know
8. When family members do assist elders, are there usually many family members providing assistance or only a few?
- Many
 - Few
 - Don't know
9. If your Tribal members have to go to a nursing home, do **most** of them go to nursing homes located -- (Check all that apply)
- on your reservation
 - on other reservations
 - in local communities off the reservation/outside the tribal community
 - in distant communities off the reservation/outside the tribal community
10. If most of your elders are in nursing homes *off the reservation or outside your Tribal community*, approximately how far is it (in miles) to the nursing home used most often? _____ miles
11. If any of the following residential care options are available on your reservation or in your Tribal community, please give the number of beds available for each type facility.
- Number of nursing home beds _____ beds
 - Number of beds in board & care, assisted living, or other residential care facilities _____ beds

12. How good are the nursing homes that are *off the reservation* in providing care that is sensitive to the particular needs and desires of Indian elders, such as providing traditional foods, employing Tribal members as caregivers, honoring cultural health practices, etc.?

- a. ___ Very Good
- b. ___ Good
- c. ___ Fair
- d. ___ Poor
- e. ___ Very Poor

Please add any additional comments that you may have about the nursing home care available to elders from your Tribe:

13. Sometimes families must provide very difficult care for one or more older family members. Some family caregivers in these situations need help from others to reduce their stress and exhaustion. Of the families in your Tribe who are providing daily care to an older relative, how many could use help with the care they are providing?

- a. ___ Most of them
- b. ___ Some of them
- c. ___ None of them
- d. ___ Don't know

14. Place check the **three** services that would be most helpful in relieving the stress on family caregivers.

- a. _____ Home health care
- b. _____ Personal care (someone to help the elder with bathing, dressing, and other personal care tasks)
- c. _____ Housekeeping
- d. _____ Shopping
- e. _____ Transportation
- f. _____ Home modifications to make tasks easier
- g. _____ Assistive devices to make care tasks easier
- h. _____ Respite care (a place to take the elder or someone to come into the home to relieve the caregiver for a short time).
- i. _____ Other-- please list other services that are needed to help family caregivers _____

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16. If your Tribe has services provided under Older Americans Act funds, indicate the source(s) of those funds.

- a. Title VI
- b. Title III as an Indian AAA
- c. Title III from a non-Indian AAA or the State Unit on Aging
- d. Don't know

17. Do any of your Tribal members participate in the following programs-

The Specified Low-Income Medicare Beneficiaries (SLMB) program?

- a. Yes
- b. No
- c. Don't know

The Qualified Medicare Beneficiaries (QMB) program?

- a. Yes
- b. No
- c. Don't know

18. Is your Tribe a gaming Tribe?

- a. Full casino
- b. Bingo only
- c. Other (what type? _____)
- d. Not a gaming Tribe

19. Does your Tribe have other significant businesses?

- a. Yes (Please indicate the type(s) of businesses) _____

- b. No
- c. Don't know

20. Given all the important concerns of Tribal governments, how important is care of frail and disabled elders to your Tribal council?

- a. The most important area.
- b. Among the top three most important areas.
- c. Not among the top three, but among the top ten important areas.
- d. Not among the top ten most important areas.

21. In your opinion, what is the single most important thing your Tribe should do to help its elders? _____
