



National Indian
Council on
Aging

2016 NICOA Conference on Aging “Aging Healthy Through Song & Dance”

September 13 - 15, 2016

The Conference Center at Niagara Falls
101 Old Falls Street
Niagara Falls, NY

Come Celebrate NICOA'S 40th Anniversary! in beautiful Niagara Falls, NY

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BECOME A NICOA MEMBER TODAY
and receive reduced registration fees
plus our quarterly newsletter.

*more information and Forms can be obtained
from the NICOA website at www.nicoa.org

Registrants of the NICOA Biennial Conference agree to allow NICOA and its official photographer and/or videographer to photograph or videotape them in the context of the Biennial Conference setting. Footage captured by the official NICOA photographer/videographer may be used in future print and electronic promotional and archival materials.

Registration Process

Registration Fee is for one person only,

Complete the enclosed registration form. Eligible NICOA members must also pay new or renewal membership dues when registering for the 2016 NICOA Conference. New or renewal dues are for January 1, 2016 to December 31, 2017.

There are three (3) types of memberships:

- ◆ **Voting Members**—Elders 55 years of age or older with documentation verifying membership in a federally recognized tribe. **\$50**
- ◆ **Associate Non-Voting Member**—Any individual that is not eligible to be a voting member. **\$100**
- ◆ **Organization Associate Member**—2 people from any Organization or Tribal Enterprise/Organization can be either a Voting (with verifying documentation), or Associate Non-voting Member. **\$300**

Refund policy:

No refunds or transfers of membership dues. No refunds for registrations.

You may substitute someone in your place without additional fees until July 31, 2016. The substitute **MUST** pay membership dues. Membership dues are not transferrable. Substitutions must be requested in writing via email prior to July 31, 2016 for consideration to carchibald@nicoa.org. Organizations and individuals submitting payment for registrations will be expected to pay even if the individual does not attend. All funds from the conference will be applied to conference expenses and to advance the mission of NICOA.

Payment must accompany Registration Forms CHECK AND CREDIT CARD PAYMENTS ONLY. All major credit cards accepted. (Sorry—no cash or purchase orders).

Late registration will begin Sept 3, 2016. LATE REGISTRATION FEES MUST BE PAID ON-SITE AT THE CONFERENCE on September 12 or 13, 2016. **An extra fee of \$25 will apply.** **Late registrations are not guaranteed a program, conference bag, or meals.**

Fax Credit Card Form and Membership/Registration Form to:

Attention: 2016 NICOA Conference at 505-292-1922, be sure to include an email address to receive a receipt.

OR

by Mail to:

National Indian Council on Aging, Inc.
Attention: 2016 NICOA Conference,
10501 Montgomery Blvd, NE, Ste. 210,
Albuquerque, NM 87111.

NICOA's Tax ID Number: 86-0321646
Make check payable to NICOA.

Early Bird Registration Bonuses!

Register by July 31, 2016 and be entered in a drawing for A FREE Hotel Stay during the conference. (Sept 13-15 only) plus \$25 off registration fees!

You will be emailed a confirmation letter upon receipt of your registration. If you do not receive a confirmation of registration and or membership, please call (505) 292- 2001 or email carchibald@nicoa.org to determine your registration status.

Lodging and Sleeping Accommodations

Attendees must arrange their own lodging. NICOA encourages you to use one of the designated hotels for your stay. A block of rooms has been reserved at the following two hotels. To reserve a room at the special block rate, inform the hotel staff that you are with the **National Indian Council on Aging or NICOA Conference.**

Please make arrangements with the hotel directly for Special Accommodations for ADA accessible rooms.

Please note: ONLY REGISTERED ATTENDEES for the NICOA Conference CAN ATTEND the Cultural Celebration Dinner (Tuesday), the Spiritual Breakfast Event (Wednesday), and the Honoring Elders Luncheon (Thursday). We have limited seating and meals are restricted to registered conference attendees only.

Sheraton at the Falls. 300 3rd Street, Niagara Falls, NY 14303. 1-866-961-3780.

Special group rate is \$125 + \$7.95 daily resort fee and 16.5% taxes and fees. We have established a personalized Website for Guests to learn more about the event and to book, modify, or cancel a reservation from January 9 to August 12, 2016. Type this link or, copy and paste the link into any web browser,

<https://www.starwoodmeeting.com/Book/nicoabiennial>

Attendees can also call one of our reservation desk to set up a reservation at 1-866-961-3780 and refer to the National Indian Council on Aging (NICOA) discounted room rate of \$125.00 + \$7.95 resort fee and additional taxes/fees (currently 16.5%) per night. This rate is available to you (2) two days prior to the conference and (2) two days after the conference for your convenience. RESERVATIONS MUST BE MADE NO LATER THAN AUGUST 12, 2016 TO RECEIVE

Seneca Niagara Resort & Casino. 310 4th St. Niagara Falls, NY 14303. (716) 299-1100.

Attendees will want to call on or before August 13 at 877-873-6322 and reference National Indian Council on Aging. The rates range from \$145-\$215 plus the \$15 per night resort fee for a room or \$25 per night for a suite. RESERVATIONS MUST BE MADE NO LATER THAN AUGUST 13, 2016 TO RECEIVE THE DISCOUNTED RATE

Parking: Sheraton at the Falls has ample parking at the adjacent, city-operated lot; Seneca Resort has complementary parking in self-parking areas and the attached parking garage.



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Transportation



Air Transportation

Buffalo Niagara International Airport (BUF), 4200 Genesee St. Buffalo, NY 14225. (716) 630-6000. Only 26 miles or 40 minutes from the Sheraton at the Falls hotel and The Seneca Resort & Casino. Service is offered by American Airlines, Delta, Jet Blue Airways, Southwest Airlines, Sun Airlines and United Airlines.

Buffalo Airport Shuttle

(716) 685-2550 | (877) 750-2550 www.buffaloairportshuttle.com

Airport Taxi

(716) 633-8294 or 1-800-551-9369.
www.buffaloairporttaxi.com.

**Do you know someone who does
outstanding work with our Elders?**

Nominate an Elder NOW!



- ◆ **Elder Advocate Award**
- ◆ **Caregiver Award**
- ◆ **Title VI Director of the Year**

On Demand Shuttle Service

ITA shuttle—Daily. No reservation required.
\$50/person two way (gratuity not included).
\$24/person one way (gratuity not included).
Location is at Arrivals level, Crosswalk 3.

Scheduled Shuttle Service

ITA airport shuttle. Location: Arrivals level, Crosswalk 3. Times: 8:15 a.m., 9:15 a.m., 10:15 a.m., 11:15 a.m., 12:15 p.m., 1:15 p.m., 2:15 p.m., 3:15 p.m., 4:15 p.m., and 5:15 p.m. Drop off at any hotel within 2 miles of Niagara Falls, or drop off at Falls. Return arrangements made with driver.

On Site Taxi (ITA)

\$70 for up to 5 passengers per vehicle. (gratuity not included). US/Canadian currency or credit cards accepted. No reservations required. Location: Arrivals level, Crosswalk 3.

Rental Cars available on site from:

Alamo (716) 631-2044 | (800) 327-9633
www.alamo.com
Avis (716) 632-1809 | (800) 831-2847
www.avis.com
Budget (716) 632-4662 | (800) 283-4387
www.budgetbuffalo.com
Enterprise (716) 565-0002 | (800) 736-8222
www.enterprise.com
Hertz (716) 632-4783 | (800) 654-3131
www.hertz.com
National (716) 634-9220 | (800) 227-7368
www.nationalcar.com

ON-LINE Registration Available SOON!
www.nicoa.org/registration

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Preliminary Agenda (Some Details May change)

Daily Activities



Tuesday thru Thursday 6:00 AM - 7:00 AM Morning Prayer / Walk / Fitness Activity
 8:00 AM - 8:00 PM Exhibitors / Vendors
 8:00 AM - 5:00 PM Daily Give-A-ways / Drawings
 8:00 AM - 4:00 PM Silent Auction Open / Close Thurs 12 PM
 8:00 AM - 5:00 PM Health Fair

Monday, September 12, 2016

10:00 AM- 5:00 PM Early Registration / Vendor Set-up
 4:00 PM- 5:00 PM Welcome Reception (tentative)
 5:30 PM Dinner (on your own)

Tuesday, September 13, 2016

8:00 AM-12:00 PM Opening General Assembly
 12:00 PM-1:00 PM Lunch (on your own)
 1:00 PM- 3:30 PM Regional Caucus Session VOTING MEMBERS ONLINE
 1:00 PM- 2:15 PM Workshop Session A - Open to all attendees
 2:30 PM- 3:30 PM Workshop Session B - Open to all attendees
 3:45 PM- 4: 45PM Workshop Session C - Open to all attendees
 6:00 PM- 9:00 PM Cultural Dinner / Fashion Show—Seneca Casino

Wednesday, September 14, 2016

8:00 AM- 9:45 AM Spiritual Breakfast
 10:00 AM- Noon General Session
 12:00 PM- 1:00 PM Lunch on your own
 1:00 PM- 3:45 PM General Voting Session & Workshops (NICOA Voting Members only)
 1:00 PM- 1:45 PM Workshop Sessions D - Open to all attendees
 2:00 PM- 2:45 PM Workshop Sessions E - Open to all attendees
 3:00 PM- 5:00 PM Tentative Town Hall (this has not been confirmed)
 3:00 PM - 3:45 PM Workshop Session F - Open to all attendees
 4:00 PM - 4:45 PM Workshop Session G - Open to all attendees
 5:00 PM Dinner (On Your Own)

Thursday, September 15, 2016

8:00 AM- 12:00 PM General Session
 12:00 PM - 2:00 PM Honoring Luncheon
 2:15 PM - 5:00 PM Closing General Session
 Premier Storytelling Event

September 13-15

Silent Auction Fundraiser

NICOA's largest fundraising event this year!

Help us with a donation—Visit NICOA website for more information. Help support our mission to serve Older Indians.

Board Nominations

Voting Members of NICOA

Eligible voting members paying renewal or new membership dues are (1) entitled to receive reduced registration fees; (2) participate in their regional caucus sessions; and (3) vote to fill NICOA board position that may be terming out in your region. (4) run for a NICOA board position; (5) vote on changes to the organization by-laws; (6) propose resolutions from your area that NICOA will advocate for in the coming year; and 7) receive quarterly NICOA Newsletters on issues relevant to aging in Indian Country. In addition, please complete the needs assessment that will be provided. It allows us to determine the program needs of our Elders.

Board Positions Terming Out and Up for Vote (position term 2018—2022):

Eastern Region Western Region
Rocky Mountain Region
Northwest Region
Eastern Oklahoma Region.
Navajo Region

Vacant Board Positions:

Rocky Mountain Region (MT & WY)
Pacific Region (CA). (term 2014-2018)
National Association Title VI Grantees,
(This representative to the Board shall be seated as a Board member upon his/her ascendancy to the Chairmanship of the National Association of Title VI Grantees)

PLEASE SUBMIT A BOARD NOMINATION PACKET FOR THE ABOVE POSITIONS

Board Nomination Packet available at: <http://nicoa.org/biennial-conference>

Resolution Submission and Bylaws.

August 31 DEADLINE.

Resolutions Submission Guideline is available on NICOA website at www.nicoa.org. Bylaws are available on the NICOA website at www.nicoa.org.

Non-Voting Associate Members and Organization Associate Members:

Non-voting members paying minimum dues shall be entitled to receive reduced registration fees. Receive reports and materials from the conference along with quarterly NICOA Newsletters on issues relevant to aging in Indian Country. (Organization Associate Members limited to 2 representatives only).

Seeking Workshop Presenters & Speakers on the Following topics:

Affordable Care Act/Indian Healthcare Improvement Act
Caregiver/Grandparent Raising Grandchildren Support Programs
Older Americans Act—Title VI and Title V Services.
Senior Economic Security & Employment Training (SCSEP)
Chronic Disease Prevention and Health Promotion
Technology and Seniors-Computer Learning Lab
Medicare/Medicaid
Senior Housing and Senior Living Programs
Traditional Methods to Health and Wellness
Social Security
Long Term Care Planning
Community Based Services
Health Care Screening and Medications Management
Elder Abuse Prevention
Nutrition and Fitness/ Falls Prevention

OPEN TO OTHER PRESENTATIONS NOT LISTED.

BECOME A NICOA MEMBER TODAY
Registering for the conference as an
Associate Member Instead of a Non-Member
saves you \$100)

Outside surveys and focus groups
are not permitted

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Honoring Our Elders Award

Do you know someone who exemplifies the highest level of commitment and support to American Indian and Alaska Native (AI/AN) Elders?

NICOA is accepting nominations for three categories of awards:

Advocate for Elders Award – A person that gallantly advocates for the wellbeing of AI/AN Elders.

Title VI Director of the Year Award – A Title VI Director that demonstrates superior leadership and innovation in service delivery to AI/AN Elders.

Caregiver Award – An outstanding caregiver that provides care to an AI/AN Elder(s) or is an Elder Caregiver providing care to AI/ANs.

What are the guidelines to be nominated for the Honoring Our Elders Award?

We classify our Honoring Our Elders Award winners as those candidates who are nominated by a NICOA dues paying member.

How do I nominate someone for an Honoring Our Elders Award?

Simply complete the form on the front of this sheet and submit it, along with a written (500 word) summary explaining why you think your nominee should be recognized, and the names and phone numbers of people to contact regarding your nominee's activities.

How are Honoring Our Elders Award recipients honored?

Recipients are invited to a special ceremony held on September 15, 2016 where they are honored for their acts of caring. We present to each winner a beautiful award to display and a framed certificate. Recipients are also profiled in the NICOA Quarterly Newsletter and NICOA website.

For a nomination packet and additional information go to www.nicoa.org/conference DEADLINE for nominations is AUGUST 31, 2016.

Special Events—Volunteers

Visit the Exhibit Hall

Enjoy vendors, fitness & exercise classes, health fair, sessions, computer learning lab, rest areas Tuesday through Thursday 8:00 a.m. to 8:00 p.m..

Silent Auction Fundraiser

This will be NICOA's largest fundraising event this year! Help us with a donation for daily giveaways and silent auction. Visit <http://nicoa.org/biennial-conference>.

Awards

Nominate those who do outstanding work with our Elders! Awards will be given for Elder Advocate, Caregiver, and Title VI Director of the Year. Refer to 'Honoring Our Elders' Awards below.

Volunteers Needed! Enjoy working with Elders? Are you organized or like to write?

We Need YOU!

Stuffing conference bags, assisting with registration, assist taking notes, monitoring the silent auction, and exhibit hall, and more!

Contact Cheryl Archibald at (505) 292-2001 or email: carchibald@nicoa.org

WE NEED YOUR HELP



Your donations and sponsorships make a BIG difference! Help NICOA strengthen our mission to advocate for improved comprehensive health, social services and economic wellbeing of American Indian and Alaska Native Elders. Our goal is to ensure that our Elders have the opportunity to age in place -- in their own homes and communities.

You can also help by becoming a member of NICOA. Help us to educate our tribal, state and national leaders about aging issues in Indian Country. You may complete a membership form and pay your dues by visiting our website at NICOA.org or calling us in Albuquerque at (505) 292-2001.

As a member you will gain a better understanding of how national policies impact services to Elders. You will also learn how you can become a well-informed advocate for Elder services in your community. Join us for the 21st Biennial National Indian Conference on Aging, in majestic, Niagara Falls, NY, September 13-15, 2016.

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10501 Montgomery Blvd. NE, Ste. 210
Albuquerque, NM 87111

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