

## Conference Location

### Cliff Castle Casino Hotel

The Gathering Conference Center  
555 Middle Verde Road, Camp Verde, AZ 86322

## Hotel Information

### Cliff Castle Casino Hotel (New 122 Room Hotel Tower)

555 Middle Verde Road, Camp Verde, AZ 86322  
Room Rate: \$119pp (Single or Double Occupancy)

### The Lodge (Original 80 Room Hotel)

333 Middle Verde Road, Camp Verde, AZ 86322  
Room Rate: \$89pp (Single or Double Occupancy)

**Website:** [www.cliffcastlecasinohotel.com](http://www.cliffcastlecasinohotel.com)

**Email:** [guestservices@cliffcastlecasinohotel.com](mailto:guestservices@cliffcastlecasinohotel.com)

**Phone:** 1.800.381.SLOT (7568)

**Reservations:** 1.800.524.6343

Rates are based upon single and double occupancy only and are subject to State and Local accommodations taxes + \$15 resort fee for New Hotel Tower only. Each additional occupant after two will be an additional \$20 charge per person. Room Reservations must be made by October 1, 2019 to receive these rates.

For Reservations, call 800.524.6343. Reservations Group Code 191015NATH for The Hotel or Group Code 191015BANL for The Lodge.

## Payment Information

Check enclosed (*Payable to: Banner Alzheimer's Institute*)

Credit card (*Circle One*):

Visa   MasterCard   American Express

Name (as it appears on card): \_\_\_\_\_

Number: \_\_\_\_\_

Expiration MM/YY: \_\_\_\_\_ CV Code: \_\_\_\_\_

Billing Zip Code: \_\_\_\_\_

Invoice me/ my employer. Send invoice to:

Name: \_\_\_\_\_

Organization: \_\_\_\_\_

Address: \_\_\_\_\_

Email: \_\_\_\_\_

**Cancellations must be made in writing.** A full refund minus a \$15 processing fee is available through September 30, 2019. No partial refunds will be made.

 **Banner  
Alzheimer's  
Institute**

901 E. Willetta St.  
Phoenix, AZ 85006

# 15<sup>th</sup> Annual

## Conference on Alzheimer's Disease and Dementia in Native Americans

I AM NOT ALONE:  
TOOLS FOR CAREGIVING

Thursday, October 17, 2019

8:30 am to 3:30 pm

Cliff Castle Hotel at Camp Verde, AZ

 **Banner  
Alzheimer's  
Institute**

## PROGRAM DESCRIPTION

Alzheimer's disease and related dementias is a growing problem that impacts both the person as well as their family caregivers. This full-day conference is designed to incorporate relevant research around the disease and caregiving as well as highlight available services and supports for caregivers and families. Participants will learn strategies to use daily to promote well-being in elders and their families.

## AUDIENCE:

This conference is intended for families and professional caregivers, health care providers, educators and tribal leaders.

## OBJECTIVES:

Participants will:

- Understand latest research results around the disease
- Learn about available services and supports
- Learn light-hearted approaches when caring for self and (their person)

**A SPECIAL THANK YOU TO THE  
OTTENS FOUNDATION  
FOR THEIR GENEROUS SUPPORT**



## AGENDA

<b>7:30 to 8:30 am</b>	<b>Registration/continental breakfast</b>
<b>8:30 to 8:45 am</b>	<b>Welcome/Blessing/Introduction</b>
<b>8:45 to 9:45 am</b>	<b>Partners in Caregiving: Evidence &amp; Opportunities, Dr. David Coon, PhD.</b>
<b>9:45 to 10:00 am</b>	<b>Break/Resource Fair</b>
<b>10:00 to 10:30 am</b>	<b>Creativity &amp; Communication, Conducted Stories</b>
<b>10:30 to 11:30 am</b>	<b>Update on Underserved Populations in Research, Dr. David Weidman, MD</b>
<b>11:30 to 12:30pm</b>	<b>Blessing &amp; lunch</b>
<b>12:30 to 12:45 pm</b>	<b>Creativity &amp; Communication, Conducted Stories</b>
<b>12:45 to 1:45 pm</b>	<b>Ombudsman supporting Elders, Flor Olivos &amp; Panel</b>
<b>1:45 to 2:00</b>	<b>Break/Resource Fair</b>
<b>2:00 to 2:15pm</b>	<b>Creativity &amp; Communication, Conducted Stories</b>
<b>2:15 to 3:15pm</b>	<b>Feeding the Soul: Spirituality, Food &amp; Music, Helle Brand, PA</b>
<b>3:15 to 3:30 pm</b>	<b>Closing &amp; Blessing</b>

## FEATURED SPEAKERS

**David Coon, PhD** is the Associate Dean, Research Initiatives, Support, & Engagement and Professor Edson College of Nursing & Health Innovation at ASU. After receiving his PhD from Stanford University, he was the Associate Director of the Older Adult Center of the VA Palo Alto Health Care System and the Stanford University School of Medicine and Research Scientist at UCSF/Mt. Zion Institute on Aging. Dr. Coon designs and evaluates interventions, such as CarePRO and EPIC, that focus on culturally diverse groups of midlife and older adults facing chronic illnesses (e.g., dementia, cancer, depression) and their family caregivers. In addition, he and his community partners received The Rosalynn Carter Institute's 2013 National Leadership Award in Caregiving for CarePRO as well as the ASU President's Medal for Social Embeddedness.

**David Weidman, MD** is a Neurologist, dementia specialist and researcher at the Stead Family Memory Center at Banner Alzheimer's Institute. Dr. Weidman previously served as research director at NNS Clinical Research in Tucson, Arizona. He also was a private practice neurologist with a special interest in dementia. Currently, his focus is on caring for people with Alzheimer's disease and the development of new treatments.

**Flor Olivos** is the Tribal Ombudsman Specialist for the Inter Tribal Council of Arizona Inc. Area Agency on Aging Region 8. She has 5+ years of experience being a Certified Nursing Assistant and has worked for the Foundation for Senior Living, several retirement homes, and Adelante Healthcare. Ms. Olivos has worked with other agencies to coordinate need based referrals. Many of those communities include Tribes and small towns located throughout Arizona.

**Helle Brand, PA** In my original work as a physical therapist, I witnessed regularly the power of the mind-body-spirit connection, the healing forces people have within them and that I bring to the table as well. I then chose a new path as a physician assistant, where I could further my understanding of, and talents as a healer, and develop my love of working with the elderly, and specifically those with dementias. I moved from upstate New York, where I had lived for almost 40 years to Phoenix to help develop the program and services at Banner Alzheimer's Institute, where I worked for 11 years, moving then to do Memory Care work in Utah. But now returned to Arizona to help develop the Banner Alzheimer's Institute program in Tucson. The path has been twisted, the rewards great. My friends will tell you that the move has been a good one, for they have all noted lightness in me!

**Amy Carpenter** and **Stacey Hanlon** are the co-founders of Conducted Stories Improv. This organization uses the tenets of improvisational theatre to foster communication and self-expression with people experiencing memory change and their care partners. Having taught and performed improvisational comedy for a combined 40 years, Amy and Stacey bring a unique perspective, improving coping skills, increasing comfort with change, and reintroducing joy.