

2023 Conference TENTATIVE Agenda

The conference will begin at 10:00 AM on Monday, September 25 and we will conclude on Friday, September 29, 2023. Please make your reservations accordingly.

Daily Activities - Monday thru Friday - Health Fair / Exhibitors / Daily Give-A-ways

Sunday, September 24 EARLY REGISTRATION

Registration / Vendor Set-up

Welcome Reception (Need a sponsor)

Monday, September 25 – Policy, Politics & Legislation

Registration open all week

Memorial Breakfast- Local Entertainment (i.e. Drum Group / Eagle Dancers)

Plenary Session 1-

- Reauthorization of the Older Americans Act;
- Impact of the 2024 National Elections;
- planning 2025 White House Conference on Aging;
- *Whitehouse Conference on Nutrition and Hunger*

Workshops (*tentative list on back*)

Lunch on own

Tuesday, September 26 - Social Determinates of Health

8:30 AM 9:45 AM **Plenary –**

- Alzheimer’s in Indian Country and Impact Families
- Caregivers in Indian Country; The Healthcare System & Tribal Elders; □
Financial Security & Federal Programs

10:00 AM 12:00 PM **NICOA Voting membership Regional Caucus Sessions**

10:00 AM 12:00 PM Concurrent Workshops – Open to all attendees (*tentative list on back*)

12:00 PM 1:00 PM Lunch – on your own

1:00 PM 2:15 PM **Plenary Session 6-** Lifelong Learning: Tribal Colleges and Aging Native Elders

2:30 PM 3:30 PM Concurrent Workshops – Open to all attendees (*tentative list on back*)

3:30 PM 4:30PM Focus Groups / Special Meetings

Workshops (*tentative list on back*) **Focus Groups / Special Meetings**

Dinner (on your own) or Evening Event TBD

Wednesday, September 27 – Veterans & Culture

Plenary Session 3- Native American Veterans: Issues and Concerns as They Age

Workshops All attendees (*tentative list on back*)

Warrior’s Honoring Lunch- TBD

Workshops All attendees (*tentative list on back*)

Dinner (on your own)

5:30 PM Dinner (on your own) or Nugget Bingo Event

Thursday, September 28 – Into the Future

8:00 AM 12:00 PM NICOA Voting Session – Voting Members Only

8:00 AM 12:00 PM Workshops- nonmembers; associate members; etc.

12:00 PM 1:00 PM Lunch on your own

1:00 PM 2:00 PM **Plenary Session 7-**

Friday, September 29 – Closing and Call To Action

8:00 AM 10:30 AM Conference Closing

Tentative 2023 Conference Workshops

Daily Activities - Monday thru Friday - Health Fair / Exhibitors / Daily Give-A-ways

Activate Your Elders & Diabetes Programs with Pole Walking

Savvy Caregiver 3-day training (travel scholarship's available by IA2)

Wisdom Warriors-Indigenous and Evidence Based Healing

Ambiguous Loss: Living with Uncertainty (caregiver track)

An Inclusive & Individualized Response for Victims of Crime with Disabilities - The adult Advocacy Center Model

Brain Health (general Public track)

Adult Protective Services and Indian Country

Elder Abuse Multi-Disciplinary Task Force & Elder Adult Protection Services

Title VI Infographic and Evaluation Tool - Supporting the Title VI Programs in Sharing Your Story

Healthy Active Natives: Fit and Fall Proof

Your Money, Your Goals: New Financial Empowerment Tools

Cannabis and CBD Care

Grandparents as Parents: The Unique and Strengths of Grandfamilies

Dementia Friends (Info Session)
Dementia Friends (Certification Session)

A Tribal Injury Prevention Program in the U.S.: A Regional Injury Gap Analysis - Moving from a Regional Scale to a National Scale

Caring for Those Who Care: Meeting the Needs of American Indian and Alaska Native Caregivers

Research and Dissemination of Alzheimer's Disease Information by 5 Native Centers

Findings from the 2020 COVID-19 Tribal Needs Assessment

Partnering With Communities for Help Everyone Age in a Good Way

Listening Session on Understanding Disabilities in AI/AN Communities Toolkit Update: New Knowledge, Ideas and Practice

Tribal Estate Planning Programs

Tech Clinic

Best Friends Approach (professional track)

Taxes What Elders Need to Know

Yoga, stretching, tips for safe exercise

Building Relationships in Indian Country

University of ND Caregiver Training (1 day)

Active Aging

American Indian Voice in Alzheimer's and Caregiving Policy

Medicare Basics: Protect Yourself, Your Family, and Your Tribe

Fraud Watch – Virtual Session, AARP

Make an Essential Documents Notebook